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Hy-Tek's Meet Manager 5/14/2005 04:0

Ken Foreman Invitational - 5/13/2005 to 5/14/2005

University of Washington Husky Stadium

Results

Women 100 Meter Dash

=====					
	Name	Year School	Finals	Wind H#	Po
=====					
1	524 Galloway, Bonnie	Western Oregon	12.74	-2.9	1
2	109 Claussen, Chelsi	St. Martin's Col	12.81	-2.9	1
3	7 Garasmichuk, Zori	Highline CC	12.83	-2.9	1
4	529 Jenkins, Keyanna	Western Oregon	12.86	-2.9	1
5	24 Norman, Carolyn	Highline CC	12.86	-1.1	2
6	323 Fordjour, Akousa	Spokane CC	13.07	-1.1	2
7	154 Cornish, Lisa	British Columbia	13.15	-2.9	1
8	256 Soule, Anna	Seattle Pacific	13.20	-1.1	2
9	150 Gardner, Ashlee	Alaska Anchorage	13.27	-1.1	2
10	15 White, Monaka	Highline CC	13.33	-2.9	1
11	99 Adams, Kayla	Simon Fraser	13.34	-2.9	1
12	136 arroyo, cassondra	Unattached	13.39	-1.1	2
13	113 Burr, Lakita	St. Martin's Col	13.61	-1.1	2
14	68 Paradis, Liz	Treasure Valley	13.62	-1.1	2
15	175 Fitzpatrick, Erin	British Columbia	13.78	-1.1	2
16	482 Douglas, Daniel	U-British Columb	14.11	-2.9	1

Women 200 Meter Dash

=====					
	Name	Year School	Finals	Wind H#	Po
=====					
1	230 Kisielewska, Pauli	Coq. Falcons	25.85	-1.6	1
2	103 Dunnigan, Grace	Simon Fraser	25.87	-1.6	1
3	7 Garasmichuk, Zori	Highline CC	26.04	-1.6	1
4	24 Norman, Carolyn	Highline CC	26.59	-1.3	2
5	529 Jenkins, Keyanna	Western Oregon	26.91	-1.3	2
6	154 Cornish, Lisa	British Columbia	27.53	-1.3	2
7	354 Gubler, Crystal	Spokane CC	27.55	-0.7	3
8	133 Nygard, Kara	Unattached	27.63	-1.3	2
9	296 Bertholf, Kim	Pacific Lutheran	28.22	-0.7	3
10	359 Chavallo, Silka	Spokane CC	28.40	-0.7	3
11	99 Adams, Kayla	Simon Fraser	28.42	-1.6	1

12	482	Douglas, Daniel	U-British Columb	29.74	-0.7	3
13	302	Schultz, Hannah	Pacific Lutheran	29.97	-0.7	3

Women 400 Meter Dash

=====						
	Name	Year	School	Finals	H#	Points
=====						
1	127	Legard, Terran	Unattached	56.27	1	
2	103	Dunnigan, Grace	Simon Fraser	56.85	1	
3	506	Andrews, Alicia	Willamette	58.07	3	
4	502	May, Andrea	Willamette	58.65	3	
5	3	Swan, Jody	Lewis & Clark Co	58.76	1	
6	475	Hingston, Katie	Central Washingt	59.78	2	
7	486	Killam, Carly	Willamette	1:00.00	3	
8	488	Hanson, Mariah	Willamette	1:00.25	1	
9	296	Bertholf, Kim	Pacific Lutheran	1:00.27	2	
10	476	Evans, Chelsea	Central Washingt	1:00.94	2	
11	209	Bladorn, Kelly	George Fox	1:01.06	2	
12	133	Nygard, Kara	Unattached	1:01.10	2	
13	152	Gordon, Diana	Alaska Anchorage	1:01.92	2	
14	384	Barker, Brooke	Pacific U.	1:02.81	1	
15	302	Schultz, Hannah	Pacific Lutheran	1:05.60	3	

Women 800 Meter Run

=====				
	Name	Year	School	Finals Points
=====				
1	81	Johnstone, Rebecca	Simon Fraser	2:06.10
2	281	Inman, Courtney	Valley Royals TC	2:10.73
3	82	Howard, Julia	Simon Fraser	2:11.35
4	293	Metcalfe, Kelsey	U-Portland	2:12.07
5	88	Krasovska, Alexand	Simon Fraser	2:12.80
6	75	Wageman, Renee	Northwest U.	2:14.56
7	196	McLain, Anna	George Fox	2:15.32
8	277	Marsh, Jennifer	Seattle Pacific	2:15.67
9	204	Giffey-Brohaugh, R	George Fox	2:17.20
10	457	Mullen, Lindy	Central Washingt	2:20.29
11	566	Leonard, Sarah	Club Nw/ Brooks	2:22.02
12	157	Elmer, Shannon	British Columbia	2:22.05
13	190	Heinemann, Elaine	Whitworth	2:22.27
14	166	McEwen, Heather	British Columbia	2:23.60
15	2	McHattie, Carla	Lewis & Clark Co	2:24.10

16	537 Howell, Sarah	Western Oregon	2:24.10
17	212 Adams, Bethany	George Fox	2:25.46
18	527 Peterson, Jen	Western Oregon	2:26.36
19	18 Lundahl, Crystal	Highline CC	2:26.77
20	73 Baldwin, Alisha	Northwest U.	2:26.93
21	477 Laforse, Daisy	U-British Columb	2:26.99
22	290 Fullerton, Kelly	Seattle U.	2:27.23
23	425 Ball, Katie	Albertson Colleg	2:28.43
24	319 Lentz, Bethany	Spokane CC	2:30.36
25	364 Wilson, Mailee	Spokane CC	2:30.45
26	262 Rohm, Breanne	Seattle Pacific	2:35.25
27	66 Huffacker, Darcie	Treasure Valley	2:47.23

Women 1500 Meter Run

=====				
	Name	Year School	Finals	Points
=====				
1	157 Elmer, Shannon	British Columbia	4:37.38	
2	85 Kolstad, Kristen	Simon Fraser	4:38.51	
3	566 Leonard, Sarah	Club Nw/ Brooks	4:42.02	
4	483 Cliff, Rachel	U-British Columb	4:44.78	
5	83 Boekermann, Leah	Simon Fraser	4:46.97	
6	2 McHattie, Carla	Lewis & Clark Co	4:47.79	
7	290 Fullerton, Kelly	Seattle U.	4:48.95	
8	498 Zerzan, Sarah	Willamette	4:49.02	
9	240 Lavin, Josie	Seattle Pacific	4:50.08	
10	37 Schoch, Teaghan	Okanagan	5:00.30	
11	289 Arce, Charisse	Seattle U.	5:02.05	
12	270 Kuhn, Tracy	Seattle Pacific	5:03.53	
13	117 Dunnam, Jessie	St. Martin's Col	5:05.08	
14	564 Garrow, Olivia	Washington	5:07.08	
15	414 D'Amico, Nicole	W. Washington	5:13.38	
16	41 Dimarinis, Jessica	Okanagan	5:22.53	
17	108 Bishop, Kaleigh	St. Martin's Col	5:31.31	

Women 3000 Meter Run

=====				
	Name	Year School	Finals	Points
=====				
1	166 McEwen, Heather	British Columbia	9:51.40	
2	72 Stilwater, Tiffany	Northwest U.	9:53.87	
3	96 Macgregor, Meredith	Simon Fraser	10:00.47	

4	452 Anderson, Brandy	Central Washingt	10:12.65
5	89 Boulin, Justine	Simon Fraser	10:19.20
6	173 Hayes, Piper	British Columbia	10:19.45
7	557 Yoshinaga, Sayaka	Washington	10:50.79
8	556 Gail, Tina	Washington	10:53.27
9	473 Mullen, Marcie	Central Washingt	10:56.48
10	266 Benanaya, Hanane	Seattle Pacific	11:05.97
11	234 Rohde, Katlin	Seattle Pacific	11:14.93
12	116 McCanick, Ann	St. Martin's Col	11:27.34
13	242 Wrightman, Megan	Seattle Pacific	11:27.62
14	61 Emmel, Jessica	Treasure Valley	11:52.58
15	8 Jablonsky, Jami	Highline CC	11:59.28
16	262 Rohm, Breanne	Seattle Pacific	12:03.60
17	20 Hudgins, Sarah	Highline CC	12:29.05

Women 5000 Meter Run

=====				
	Name	Year School	Finals	Points
=====				
1	23 Marshall, Sitges	Highline CC	17:35.87	
2	42 Jones, Kelsey	Eastside Track C	17:51.35	
3	424 Edwards, Shannon	Albertson Colleg	18:06.00	
4	383 Smith, Sarah	Pacific U.	18:12.91	
5	453 Bailey, Rachel	Central Washingt	18:19.23	
6	170 Taylor, Kimmy	British Columbia	18:35.91	
7	241 Knox, Becky	Seattle Pacific	18:42.44	
8	375 Colkitt, Stephanie	Eastern Oregon	18:53.18	
9	352 Corder, Chelliey	Spokane CC	19:00.74	
10	163 Akeroyd, Nicole	British Columbia	19:15.94	
11	164 Brown, Erica /unna	British Columbia	19:26.19	
12	362 Becker, Ruth	Spokane CC	19:55.03	
13	111 Probst, Janelle	St. Martin's Col	20:05.42	
14	455 Pitman, Erica	Central Washingt	20:09.74	
15	421 Hatch, Natalie	Albertson Colleg	20:24.20	

Women 10000 Meter Run

=====				
	Name	Year School	Finals	Points
=====				
1	188 Dickey, E. Kristi	Whitworth	38:00.94	
2	146 Edwards, Stacy	Alaska Anchorage	39:45.13	
--	287 Garcia, Alana	Seattle U.	DQ	

Women 100 Meter Hurdles

=====					
	Name	Year School	Finals	Wind	H# Po
=====					
1	521 Smith, Monica	Western Oregon	14.38	NWI	1
2	357 Burt, Molly	Spokane CC	14.68	NWI	1
3	492 Lucas, Nicole	Willamette	15.48	-0.5	2
4	136 arroyo, cassondra	Unattached	15.51	NWI	1
5	555 Johnson, Bridget	Western Oregon	15.74	-0.5	2
6	530 Callan, Nini	Western Oregon	16.00	-0.5	2
7	34 McHugh, Kerry	Highline CC	16.65	-0.5	2
8	350 Griffin, Kristina	Spokane CC	16.97	-0.5	2
9	68 Paradis, Liz	Treasure Valley	17.48	-0.5	2
10	6 kim, Christine	Highline CC	17.69	-0.5	2
--	338 Nash, Amber	Spokane CC	DQ	NWI	1

Women 400 Meter Hurdles

=====					
	Name	Year School	Finals	H#	Points
=====					
1	493 McGrane, Shannon	Willamette	1:00.95	1	
2	503 Smith, Jordyn	Willamette	1:02.74	1	
3	519 Kassebaum, Roseann	Willamette	1:03.59	1	
4	284 Thompson, Liz	Bruin TC	1:03.93	1	
5	109 Claussen, Chelsi	St. Martin's Col	1:04.10	1	
6	439 Bernard, Riley	Linfield College	1:05.70	2	
7	194 Brown, JulieKay	George Fox	1:05.96	2	
8	338 Nash, Amber	Spokane CC	1:06.56	2	
9	113 Burr, Lakita	St. Martin's Col	1:06.73	3	
10	5 Ross, Kate	Lewis & Clark Co	1:07.25	1	
11	533 Rummell, Jennie	Western Oregon	1:08.36	2	
12	136 arroyo, cassondra	Unattached	1:09.19	3	
13	34 McHugh, Kerry	Highline CC	1:10.90	2	
14	350 Griffin, Kristina	Spokane CC	1:11.76	3	
15	6 kim, Christine	Highline CC	1:14.54	3	
16	68 Paradis, Liz	Treasure Valley	1:17.69	3	
--	272 Perkins, Victoria	Seattle Pacific	X1:06.46	2	

Women 3000 Meter Steeplechase

=====			
	Name	Year School	Finals Points

1	231 Birger, Ashley	CU Colorado Spri	11:02.51
2	436 Murphy, Joanna	Linfield College	11:23.45
3	79 Teran, Ashley	Northwest U.	11:34.15
4	441 Pullen, Chelsea	Linfield College	11:37.20
5	271 Rohde, Karin	Seattle Pacific	11:41.77
6	243 McCoy, Brandi	Seattle Pacific	11:56.43
7	125 Stine, Stephanie	Unattached	12:09.22
8	115 Beatty, Nicole	St. Martin's Col	12:20.78

Women 4x100 Meter Relay

School	Finals	Points
1 Western Oregon University 'A'	47.58	
1) 529 Jenkins, Keyanna	2) 550 Kociemba, Katy	
3) 524 Galloway, Bonnie	4) 521 Smith, Monica	
2 Highline Community College 'A'	48.32	
1) 7 Garasmichuk, Zori	2) 34 McHugh, Kerry	
3) 24 Norman, Carolyn	4) 15 White, Monaka	
3 Spokane Community College 'A'	48.53	
1) 338 Nash, Amber	2) 341 Wonsick, Brittany	
3) 323 Fordjour, Akousa	4) 357 Burt, Molly	
4 Whitworth College 'A'	48.61	
1) 182 Marken, Sarah	2) 186 Brown, Nicole	
3) 193 Hinson, Emily	4) 189 Dormaier, Kristen	

Women 4x400 Meter Relay

School	Finals	Points
1 Willamette University 'A'	3:54.43	
1) 488 Hanson, Mariah	2) 519 Kassebaum, Roseann	
3) 502 May, Andrea	4) 493 McGrane, Shannon	

Women High Jump

Name	Year	School	Finals	
1	521	Smith, Monica	Western Oregon	1.72m 5-07.75
2	324	Perkins, Teona	Spokane CC	1.61m 5-03.25
2	263	Bjella, Sharon	Seattle Pacific	1.61m 5-03.25

2	579	blake, linda	Seattle Pacific	1.61m	5-03.25
5	369	Kinney, Erin	Warner Pacific	1.56m	5-01.25
5	97	Pagnucco, Natalie	Simon Fraser	1.56m	5-01.25
5	222	Todd, Lindsay	Washington	1.56m	5-01.25
8	22	Plypick, Taryn	Highline CC	1.51m	4-11.50
8	100	Webb, Kailin	Simon Fraser	1.51m	4-11.50
10	210	Alaimo, Katie	George Fox	1.46m	4-09.50
10	331	Sampson, Nicole	Spokane CC	1.46m	4-09.50

Women Pole Vault

=====					
	Name	Year	School	Finals	
=====					
1	559	Donahue, Kathleen	Unattached	3.86m	12-08.00
2	392	Kreft, Andrea	W. Washington	3.55m	11-07.75
3	237	Harris, Amy Lynn	Seattle Pacific	J3.55m	11-07.75
4	223	Swango, Myrriah	Washington	3.40m	11-01.75
5	322	Reynolds, Afton	Spokane CC	3.25m	10-08.00
5	409	Dockins, Cara	W. Washington	3.25m	10-08.00
5	264	Hedges, Big Allie	Seattle Pacific	3.25m	10-08.00
8	294	Fisher, Laura	Pacific Lutheran	J3.25m	10-08.00
--	253	Studer, Ally	Seattle Pacific	NH	
--	578	peerez, rebekah	Central Washingt	NH	
--	561	Smith, Danielle	Western Oregon	NH	
--	560	Snyder, Bonnie	Washington	NH	
--	257	Anderson, Monica	Seattle Pacific	NH	
--	317	Fuller, Jessica	Spokane CC	NH	
--	467	Amos, Haley	Central Washingt	NH	
--	458	Maurer, Katie	Central Washingt	NH	

Women Long Jump

=====					
	Name	Year	School	Finals	Wind
=====					
1	550	Kociemba, Katy	Western Oregon	5.80m	NWI 19-0
2	86	Abdulai, Ruky	Simon Fraser	5.71m	NWI 18-0
3	515	Patterson, Lindsey	Willamette	5.55m	NWI 18-0
4	22	Plypick, Taryn	Highline CC	4.91m	NWI 16-0
5	461	Spear, Anjuli	Central Washingt	4.90m	NWI 16-0
6	538	Kendall, Julie	Western Oregon	4.88m	NWI 16-0
7	340	Orchard, Jacquelyn	Spokane CC	4.60m	NWI 15-0
8	331	Sampson, Nicole	Spokane CC	4.54m	NWI 14-1

--	10	Cavalieri, Ashley	Highline CC	FOUL	NWI
--	304	Lewis, Rebecca	Pacific Lutheran	FOUL	NWI

Women Triple Jump

=====					
	Name	Year	School	Finals	Wind
=====					
1	558 Adegbo, Simidele		Team XO	12.92m	NWI 42-0
2	86 Abdulai, Ruky		Simon Fraser	12.40m	-0.4 40-0
3	446 Tiger, Lea		Central Washingt	11.13m	-3.7 36-0
4	450 Wagner, Jessica		Central Washingt	10.87m	-1.1 35-0
5	461 Spear, Anjuli		Central Washingt	10.84m	NWI 35-0
6	201 Kolb, Whitney		George Fox	10.69m	-2.9 35-0
7	513 Page, Danielle		Willamette	10.39m	0.8 34-0
8	100 Webb, Kailin		Simon Fraser	10.31m	-4.1 33-1
9	246 McBride, Kelsey		Seattle Pacific	10.29m	NWI 33-0
10	22 Plypick, Taryn		Highline CC	10.14m	NWI 33-0
11	304 Lewis, Rebecca		Pacific Lutheran	9.63m	NWI 31-0
12	357 Burt, Molly		Spokane CC	9.43m	NWI 30-1
--	538 Kendall, Julie		Western Oregon	FOUL	NWI
--	331 Sampson, Nicole		Spokane CC	FOUL	NWI
--	340 Orchard, Jacquelyn		Spokane CC	FOUL	NWI

Women Shot Put

=====				
	Name	Year	School	Finals
=====				
1	427 Ellis, Sheree		U-Washington	14.76m 48-05.25
2	432 Claypool, Joni		Linfield College	13.19m 43-03.25
3	160 DeCammillis, Kelse		British Columbia	12.88m 42-03.25
4	438 Bielenberg, Daniel		Linfield College	12.60m 41-04.25
5	514 Helmick, Autumn		Willamette	12.40m 40-08.25
6	469 Quilter, Tiffany		Central Washingt	12.26m 40-02.75
7	370 Whitemarsh, Ann-Er		Warner Pacific	11.72m 38-05.50
8	148 Linguist, Mindy		Alaska Anchorage	11.70m 38-04.75
9	535 Freed, Sabrina		Western Oregon	11.65m 38-02.75
10	530 Callan, Nini		Western Oregon	11.54m 37-10.50
--	399 Carlson, Tammy		W. Washington	FOUL

Women Discus Throw

=====			
	Name	Year	School
=====			
	Name	Year	School
=====			

1	387	Telleria, Jessica	W. Washington	46.01m	150-11
2	432	Claypool, Joni	Linfield College	41.90m	137-06
3	438	Bielenberg, Daniel	Linfield College	41.70m	136-10
4	469	Quilter, Tiffany	Central Washingt	39.31m	129-00
5	145	Houston, Jessica	Alaska Anchorage	39.13m	128-04
6	536	Cederberg, Jaci	Western Oregon	39.02m	128-00
7	33	Avaava, Shelby	Highline CC	38.31m	125-08
8	1	Paterson, Liz	Lewis & Clark Co	36.99m	121-04
9	390	Rance, Erica	W. Washington	36.07m	118-04
10	377	Gilikson, Erin	Eastern Oregon	35.19m	115-05
11	70	Burns, Jasmine	Treasure Valley	34.52m	113-03
12	512	Andrus, Caitlin	Willamette	34.29m	112-06
13	504	Fahey, Melinda	Willamette	34.20m	112-02
14	328	Coleman, Ronni	Spokane CC	32.14m	105-05
15	399	Carlson, Tammy	W. Washington	31.50m	103-04

Women Javelin Throw

Name	Year	School	Finals	
1	249	VerMulm, Lauren	Seattle Pacific	43.38m 142-04
2	131	Buehler, Kate	Unattached	43.14m 141-06
3	499	Stolz, Kelsey	Willamette	41.72m 136-10
4	236	Johnson, Sara	Seattle Pacific	41.26m 135-04
5	385	Arnall, Dee Dee	Pacific U.	40.44m 132-08
6	267	Hornbuckle, Molly	Seattle Pacific	40.12m 131-07
7	470	McMeel, Katie	Central Washingt	40.08m 131-06
8	261	Taylor, Amy	Seattle Pacific	38.85m 127-05
9	487	Dentzel, Sophia	Willamette	38.77m 127-02
10	335	Clevish, Korissa	Spokane CC	36.31m 119-01
11	363	Neuman, Missy	Spokane CC	36.30m 119-01
12	333	Dryden, Cassie	Spokane CC	36.08m 118-04
13	444	Mascorro, Lydia	Linfield College	36.04m 118-03
14	334	Voise, Mahki	Spokane CC	33.84m 111-00
--	530	Callan, Nini	Western Oregon	FOUL

Men 100 Meter Dash

Name	Year	School	Finals	Wind	H#	Po
1	574	Hooker, Jawarren	Unattached	10.57	0.2	1

2	29	Hubbard, Bruce	Highline CC	10.90	0.2	1
3	21	Moody, Ricky	Highline CC	11.04	0.2	1
4	94	Kripps, Justin	Simon Fraser	11.11	0.2	1
5	51	Van Sant, Pete	Puget Sound	11.18	0.2	1
6	98	Robinson, Brett	Simon Fraser	11.22	-0.4	3
7	329	Williams, Elvie	Spokane CC	11.24	-0.4	3
8	149	Madrid, Michael	Alaska Anchorage	11.32	0.2	1
9	308	Burnett, James	Pacific Lutheran	11.43	-1.7	2
10	321	Moore, Cody	Spokane CC	11.44	-1.7	2
11	337	Garry, Tasheen	Spokane CC	11.44	-1.7	2
12	330	Brewster, Dwayne	Spokane CC	11.45	-1.7	2
13	410	Neff, Adam	W. Washington	11.46	-1.7	2
14	140	Armstead, Jeramiah	U-Highline CC	11.50	-0.4	3
15	134	dobbins, djonovan	Unattached	11.66	0.2	1
15	291	Mangold, Casey	Seattle U.	11.66	-0.4	3
17	258	Jewell, Ryan	Seattle Pacific	11.74	-1.7	2
18	463	Reynolds, Eric	Central Washingt	11.80	-0.4	3
19	312	Albrecht, Andrew	Pacific Lutheran	11.86	-0.7	4
20	299	Page, Nick	Pacific Lutheran	11.98	-0.7	4
21	57	Gizinski, John	Treasure Valley	12.06	-0.7	4
22	181	Antony, Abin	British Columbia	12.09	-0.7	4
23	171	Chui, David(UNA)	British Columbia	12.47	-0.7	4

Men 200 Meter Dash

=====						
	Name	Year	School	Finals	Wind	H# Po
=====						
1	106	Hurtubise, Neil	Simon Fraser	22.44	0.8	1
2	51	Van Sant, Pete	Puget Sound	22.56	0.8	1
3	29	Hubbard, Bruce	Highline CC	22.68	0.8	1
4	308	Burnett, James	Pacific Lutheran	22.80	0.8	1
5	149	Madrid, Michael	Alaska Anchorage	22.88	-0.1	2
6	140	Armstead, Jeramiah	U-Highline CC	22.92	0.8	1
7	105	Drapula, Rob	Simon Fraser	22.95	0.8	1
8	355	Ragsdale, Anthony	Spokane CC	22.98	0.8	1
9	12	O'Keefe, Andrew	Highline CC	23.02	-0.1	2
10	330	Brewster, Dwayne	Spokane CC	23.04	0.8	1
11	292	Punjani, Faruk	Seattle U.	23.17	-0.6	3
12	54	Bauer, Keyth	Treasure Valley	23.39	-0.1	2
13	251	Engelson, Kurt	Seattle Pacific	23.54	-0.6	3
14	463	Reynolds, Eric	Central Washingt	23.75	-0.6	3
15	25	Mays, Larry	Highline CC	24.09	-0.6	3

16	312 Albrecht, Andrew	Pacific Lutheran	24.45	-0.1	2
17	299 Page, Nick	Pacific Lutheran	24.76	-0.1	2

Men 400 Meter Dash

=====					
	Name	Year School	Finals	H#	Points
=====					
1	355 Ragsdale, Anthony	Spokane CC	48.98	1	
2	207 Bates, Brad	George Fox	49.26	1	
3	105 Drapula, Rob	Simon Fraser	49.47	1	
4	381 Stevens, Jason	Eastern Oregon	49.51	1	
5	265 Strickler, Eddie	Seattle Pacific	49.77	1	
6	292 Punjani, Faruk	Seattle U.	50.30	1	
7	63 Hawker, Evan	Treasure Valley	50.48	2	
8	54 Bauer, Keyth	Treasure Valley	50.69	2	
9	229 Morrison, Michael	Club Northwest	50.75	2	
10	156 Wilkie, Mark	British Columbia	51.09	1	
11	58 Armstrong, Clint	Treasure Valley	51.30	1	
12	545 Samuel, Cole	Western Oregon	52.20	2	
13	213 Paine, Andrew	George Fox	52.87	3	
14	480 Chabot, Julian	U-British Columb	53.38	2	
15	349 Kragt, John	Spokane CC	54.15	2	
16	161 Label, Paul	British Columbia	54.47	3	

Men 800 Meter Run

=====				
	Name	Year School	Finals	Points
=====				
1	491 Symmonds, Nick	Willamette	1:48.82	
2	245 Mach, Paul	Seattle Pacific	1:50.99	
3	481 Williams, Chris	U-British Columb	1:52.31	
4	192 Howell, Brandon	Whitworth	1:53.62	
5	516 Decherd, Ben	Willamette	1:53.98	
6	138 Dexter, Ross	Unattached	1:53.98	
7	532 Mantalas, Jerret	Western Oregon	1:54.22	
8	471 Pankiewicz, Mike	Central Washingt	1:54.35	
9	4 McCann, Jarrod	Lewis & Clark Co	1:54.48	
10	227 young, tony	Club Northwest	1:54.62	
11	344 Walter, Erik	Spokane CC	1:54.69	
12	110 Prentice, Andy	St. Martin's Col	1:54.81	
13	485 Thomas, Everett	Willamette	1:54.95	
14	531 Banker, Troy	Western Oregon	1:56.02	

15	360 Helgath, Matt	Spokane CC	1:56.17
16	366 Stupnitskiy, Anton	Warner Pacific	1:56.26
17	551 Williams, Andres	Western Oregon	1:56.84
18	525 Crawford, Nick	Western Oregon	1:57.05
19	167 Maludzinski, Chris	British Columbia	1:57.07
20	195 Mathiang, David	George Fox	1:57.20
21	123 Moffitt, Jed	Southern Oregon	1:57.24
22	168 Gooch, Robert	British Columbia	1:57.41
23	119 Fulton, Leland	Southern Oregon	1:57.50
24	365 Siebert, Nick	Spokane CC	1:57.98
25	120 Floeck, Travis	Southern Oregon	1:58.14
26	429 Peterson, Thomas	U-Washington	1:58.54
27	114 Timmer, Caleb	St. Martin's Col	1:58.65
28	91 Shimmell, Jordan	Simon Fraser	2:01.11
29	183 Sauer, Kristofor	Whitworth	2:01.27
30	554 Wells, Chase	Western Oregon	2:01.51
31	229 Morrison, Michael	Club Northwest	2:02.17
32	13 Frazier, Josh	Highline CC	2:02.23
33	310 Chilcoat, Kenneth	Pacific Lutheran	2:04.82
34	300 Ramirez, Chris	Pacific Lutheran	2:08.50
35	31 Orji, Lionel	Highline CC	2:08.85
36	26 Hunt, Skyler	Highline CC	2:09.70
37	332 Goulet, Adam	Spokane CC	2:10.41
--	220 Robinson, Andrew	Washington	DNF

Men 1500 Meter Run

=====				
	Name	Year School	Finals	Points
=====				
1	216 Owen, Matt	Washington	3:52.46	
2	112 Carlson, Nathan	St. Martin's Col	3:52.80	
3	110 Prentice, Andy	St. Martin's Col	3:53.55	
4	430 Harding, Jon	U-Washington	3:55.59	
5	422 Fluckiger, David	Albertson Colleg	3:56.20	
6	509 Hollingshead, Aaro	Willamette	3:56.42	
7	379 Schroeder, Ian	Eastern Oregon	3:58.68	
8	501 Vieyra, Julio	Willamette	4:01.00	
9	429 Peterson, Thomas	U-Washington	4:01.05	
10	489 Ruiz, Carlos	Willamette	4:01.26	
11	495 Neill, Doug	Willamette	4:02.68	
12	142 Collins, John	RunningShoes.com	4:03.70	
13	208 Cobb, Bryan	George Fox	4:03.93	

14	415 Whitaker, Brandon	W. Washington	4:04.62
15	93 Kawamoto, Jon	Simon Fraser	4:04.84
16	233 Pinter, Dan	CU Colorado Spri	4:06.25
17	490 Nebert, Lucas	Willamette	4:07.07
18	365 Siebert, Nick	Spokane CC	4:07.11
19	420 Hopper, Tyler	Albertson Colleg	4:08.29
20	247 Gavareski, Mike	Seattle Pacific	4:08.75
21	144 Dickson, Aaron	Alaska Anchorage	4:10.70
22	84 Ahrari, Medi	Simon Fraser	4:16.30
23	279 Mosley, Richard	Valley Royals TC	4:17.56
24	228 Prather, Bob	Club Northwest	4:18.00
25	39 Nichol, Scott	Okanagan	4:18.53
26	38 Childs, Cliff	Okanagan	4:19.89
27	254 Phillips, Ryan	Seattle Pacific	4:23.13
28	260 Miller, Steven	Seattle Pacific	4:30.30

Men 5000 Meter Run

=====				
	Name	Year School	Finals	Points
=====				
1	141 Alexander, Sam	RunningShoes.com	14:37.45	
2	239 LeCount, Tim	Seattle Pacific	15:02.34	
3	137 Garner, Eric	Unattached	15:09.23	
4	374 Griffiths, Eric	Eastern Oregon	15:09.29	
5	419 Haas, Jacob	Albertson Colleg	15:12.14	
6	122 Pfeil, Ryan	Southern Oregon	15:14.81	
7	104 Gant, Dylan	Simon Fraser	15:16.45	
8	526 Walsh, Spencer	Western Oregon	15:18.64	
9	78 Randall, Leonard	Northwest U.	15:25.06	
10	255 Cronrath, Brian	Seattle Pacific	15:33.03	
11	197 Burg, Matt	George Fox	15:36.43	
12	367 Dobra, Danny	Warner Pacific	15:40.05	
13	423 Chlebeck, Jesse	Albertson Colleg	15:40.52	
14	147 Dickson, Drew	Alaska Anchorage	15:40.85	
15	159 Symonds, Jeff	British Columbia	15:44.80	
16	346 Ogwel, Mike	Spokane CC	15:48.90	
17	547 Brolin, Brad	Western Oregon	15:49.34	
18	269 Bostrom, Bjorn	Seattle Pacific	15:56.72	
19	132 Chestnut, Ian	Unattached	15:59.86	
20	151 Olson, Leif	Alaska Anchorage	16:20.55	
21	316 Tschida, Nate	Spokane CC	16:32.76	
22	345 Bordin, Nic	Spokane CC	16:48.47	

23 172 Carlos, Luke British Columbia 16:59.36

Men 10000 Meter Run

=====				
	Name	Year School	Finals	Points
=====				
1	184 Coe, Aaron	Whitworth	33:58.57	
2	575 Hudson, James	Evergreen State	34:18.05	
3	71 Fahsholz, Brent	Western Baptist	34:35.90	
4	53 Eklund, Eric	Treasure Valley	35:56.63	
--	286 Hughes, Michael	Seattle U.	DQ	

Men 110 Meter Hurdles

=====					
	Name	Year School	Finals	Wind	H# Po
=====					
1	507 May, Tyler	Willamette	14.86	+0.0	1
2	67 Williams, Keith	Treasure Valley	15.35	+0.0	1
3	329 Williams, Elvie	Spokane CC	15.47	-0.5	2
4	380 Griffith, Eric	Eastern Oregon	15.55	+0.0	1
5	12 O'Keefe, Andrew	Highline CC	15.73	+0.0	1
6	36 Connatty, Chad	Okanagan	15.85	+0.0	1
7	343 Shields, Kaleb	Spokane CC	16.15	-0.5	2
8	544 Clarkson, Lee	Western Oregon	16.16	-0.5	2
9	60 Heninger, Mike	Treasure Valley	16.21	+0.0	1
10	59 Desousa, Anthony	Treasure Valley	17.76	-0.5	2

Men 400 Meter Hurdles

=====				
	Name	Year School	Finals	H# Points
=====				
1	203 Harris, Seth	George Fox	52.91	1
2	313 Payne, Jon	Pacific Lutheran	53.35	1
3	67 Williams, Keith	Treasure Valley	54.33	1
4	174 Averill, Mike	British Columbia	54.63	1
5	90 Pitches, Graeme	Simon Fraser	54.71	1
6	573 Still, Kyle	Washington	54.92	1
7	382 Setere, Lucas	Pacific U.	54.93	1
8	185 Spaun, Benjamin	Whitworth	55.90	2
9	380 Griffith, Eric	Eastern Oregon	57.15	1
10	337 Garry, Tasheen	Spokane CC	57.20	2
11	368 Penman, Todd	Warner Pacific	57.79	2

12	40	Daechsel, Aaron	Okanagan	58.90	2
13	76	Millar, Trevor	Northwest U.	59.24	2
14	343	Shields, Kaleb	Spokane CC	59.68	2
15	62	May, Ted	Treasure Valley	1:00.36	3
16	64	Swinney, Clay	Treasure Valley	1:02.71	3
17	59	Desousa, Anthony	Treasure Valley	1:06.32	3

Men 3000 Meter Steeplechase

=====					
	Name	Year	School	Finals	Points
=====					
1	282	Johnston, Matt	Valley Royals TC	9:06.66	
2	135	Baca, Angelo	Unattached	9:13.21	
3	494	Overby, Scott	Willamette	9:18.29	
4	232	Winn, Brad	CU Colorado Spri	9:22.46	
5	220	Robinson, Andrew	Washington	9:26.83	
6	466	Anderson, Geoff	Central Washingt	9:31.82	
7	219	Knox, Caleb	Washington	9:34.79	
8	274	Gibson, Doug	Seattle Pacific	9:41.95	
9	32	Larpentuer, David	Highline CC	9:46.89	
10	376	Blackburn, Troy	Eastern Oregon	9:51.60	
11	121	Olsen, Jeff	Southern Oregon	10:26.29	

Men 4x100 Meter Relay

School		Finals	Points
1	Highline Community College 'A'	41.73	
	1) 29 Hubbard, Bruce	2) 25 Mays, Larry	
	3) 27 Mciver, Brynne	4) 14 Redmond, Adam	
2	Linfield College 'A'	41.80	
	1) 440 Vanassche, Scott	2) 433 Ragan, Drew	
	3) 434 Nelson, Lance	4) 435 Boock, Chris	
3	Spokane Community College 'A'	42.05	
	1) 337 Garry, Tasheen	2) 355 Ragsdale, Anthony	
	3) 330 Brewster, Dwayne	4) 321 Moore, Cody	
4	Treasure Valley Community Coll 'A'	50.79	
	1) 60 Heninger, Mike	2) 54 Bauer, Keyth	
	3) 62 May, Ted	4) 57 Gizinski, John	

Men 4x400 Meter Relay

=====

School	Finals	Points
1 University of British Columbia 'A'	3:25.18	
1) 156 Wilkie, Mark	2) 158 Carlos, Shane	
3) 168 Gooch, Robert	4) 174 Averill, Mike	
2 Seattle Pacific University 'A'	3:29.53	

Men High Jump

Name	Year	School	Finals	
1 572 Johnson, Kyle	Team XO	2.14m	7-00.25	
2 576 Botha, Ralph	British Columbia	2.06m	6-09.00	
3 508 Larsen, Zach	Willamette	2.01m	6-07.00	
4 74 Pflugrath, Brett	Northwest U.	J2.01m	6-07.00	
5 396 Word, Jeff	W. Washington	1.96m	6-05.00	
6 285 Choyce, Taylor	Seattle U.	1.91m	6-03.25	
7 397 Geist, Peter	W. Washington	J1.91m	6-03.25	
8 451 Bailey, Cameron	Central Washingt	J1.91m	6-03.25	
8 329 Williams, Elvie	Spokane CC	J1.91m	6-03.25	
10 129 Ely, Jerrad	Unattached	J1.91m	6-03.25	
-- 9 Reggler, Raheem	Highline CC	NH		
-- 449 Watson, Cresap	Central Washingt	NH		
-- 428 Davis, Teddy	U-Washington	NH		

Men Pole Vault

Name	Year	School	Finals	
1 386 Miller, Andy	Valley Royals	5.06m	16-07.25	
2 342 Taylor, Vance	Spokane CC	4.91m	16-01.25	
3 404 Romney, Scott	W. Washington	4.76m	15-07.25	
4 52 Gause, Greg	Puget Sound	4.61m	15-01.50	
4 405 Thornbrue, Tyler	W. Washington	4.61m	15-01.50	
6 14 Redmond, Adam	Highline CC	4.46m	14-07.50	
6 393 Verner, Hunter	W. Washington	4.46m	14-07.50	
6 283 Smith, John	Bruin TC	4.46m	14-07.50	
6 205 Dillow, Ben	George Fox	4.46m	14-07.50	
10 408 Tribe, Charlie	W. Washington	4.31m	14-01.75	
10 417 Behl, Andrew	W. Washington	4.31m	14-01.75	
-- 443 Tiogangco, Dayson	Linfield College	NH		
-- 454 Thomas, Joel	Central Washingt	NH		

--	541	Twigg, Joseph	Western Oregon	NH
--	214	Laloli, Travis	George Fox	NH
--	351	Jelley, Matt	Spokane CC	NH
--	187	Omlin, Joel	Whitworth	NH

Men Long Jump

=====					
	Name	Year	School	Finals	Wind
=====					
1	21	Moody, Ricky	Highline CC	7.11m	-1.7 23-0
2	401	McGillen, Kyle	W. Washington	6.92m	3.4 22-0
3	51	Van Sant, Pete	Puget Sound	6.83m	1.9 22-0
4	226	Lawrence, Justin	Club Northwest	6.68m	1.7 21-1
5	500	Gillespie, KC	Willamette	6.65m	0.9 21-1
6	27	Mciver, Brynne	Highline CC	6.63m	0.7 21-0
7	134	dobbins, djonovan	Unattached	6.32m	-0.4 20-0
8	459	Goodwin, Christian	Central Washingt	6.25m	-1.9 20-0
9	337	Garry, Tasheen	Spokane CC	6.19m	1.1 20-0
10	55	Brown, Jason	Treasure Valley	6.16m	3.2 20-0
11	35	Turner, James	Highline CC	6.09m	+0.0 19-1
12	454	Thomas, Joel	Central Washingt	5.74m	1.3 18-1
--	570	McARTHUR, Colin	Team XO	FOUL	NWI

Men Triple Jump

=====					
	Name	Year	School	Finals	Wind
=====					
1	226	Lawrence, Justin	Club Northwest	14.50m	-3.0 47-0
2	407	Mellein, Mark	W. Washington	14.25m	-1.6 46-0
3	27	Mciver, Brynne	Highline CC	13.48m	-1.6 44-0
--	451	Bailey, Cameron	Central Washingt	FOUL	NWI
--	548	Herrington, Blake	Western Oregon	FOUL	NWI
--	329	Williams, Elvie	Spokane CC	FOUL	NWI

Men Shot Put

=====				
	Name	Year	School	Finals
=====				
1	510	Matlock, Nate	Willamette	15.99m 52-05.50
2	347	Dixon, Jason	Spokane CC	15.34m 50-04.00
3	528	Aguilar, Carlos	Western Oregon	14.97m 49-01.50
4	522	Kline, Justin	Western Oregon	14.94m 49-00.25

5	484 Negrin, Rob	U-British Columb	14.01m	45-11.75
6	225 Wilson, Evan	Washington	13.99m	45-10.75
7	348 Shanklin, Jacob	Spokane CC	13.97m	45-10.00
8	303 Johnson, Michael	Pacific Lutheran	13.89m	45-07.00
9	468 Patterson, Jason	Central Washingt	13.40m	43-11.75
10	361 Nave, John	Spokane CC	13.20m	43-03.75
11	507 May, Tyler	Willamette	12.50m	41-00.25
12	356 Dolny, Greg	Spokane CC	12.34m	40-06.00
12	298 Haakenson, Dan	Pacific Lutheran	12.34m	40-06.00
14	309 Oliphant, Colton	Pacific Lutheran	12.09m	39-08.00
15	224 Gatewood, Joe	Washington	11.35m	37-03.00
--	474 Neel, Cameron	Central Washingt	FOUL	
--	318 Dawson, Seth	Spokane CC	FOUL	

Men Discus Throw

=====				
	Name	Year School	Finals	
=====				
1	347 Dixon, Jason	Spokane CC	51.95m	170-05
2	474 Neel, Cameron	Central Washingt	49.00m	160-09
3	484 Negrin, Rob	U-British Columb	45.74m	150-01
4	298 Haakenson, Dan	Pacific Lutheran	43.41m	142-05
5	372 Cooper, Adam	Eastern Oregon	42.52m	139-06
6	356 Dolny, Greg	Spokane CC	42.49m	139-05
7	569 Gowing, Todd	W. Washington	42.44m	139-03
8	528 Aguilar, Carlos	Western Oregon	41.91m	137-06
9	437 Gleason, Derrick	Linfield College	40.81m	133-11
10	510 Matlock, Nate	Willamette	39.72m	130-04
11	303 Johnson, Michael	Pacific Lutheran	39.26m	128-10
12	11 Lester, Andre	Highline CC	39.17m	128-06
13	348 Shanklin, Jacob	Spokane CC	38.16m	125-02
14	318 Dawson, Seth	Spokane CC	37.75m	123-10
15	224 Gatewood, Joe	Washington	37.09m	121-08
16	546 Holloway, Josh	Western Oregon	31.83m	104-05
--	522 Kline, Justin	Western Oregon	FOUL	

Men Javelin Throw

=====				
Name		Year School	Finals	
=====				
1	577 minnitt, rob	Unattached	68.23m	223-10
2	80 Weidman, Ryan	U-Spokane CC	63.52m	208-05

3	153 Swim, Corey	U-Warner Pacific	62.00m	203-05
4	325 Voorhees, Peter	Spokane CC	61.32m	201-02
5	336 McCormick, Pat	Spokane CC	60.57m	198-09
6	534 Powell, Stuart	Western Oregon	59.75m	196-00
7	200 Gassaway, Matt	George Fox	58.52m	192-00
--	552 Hutchinson, Mat	Western Oregon	FOUL	